



**2023-2024**  
**PLAYER AND PARENT HANDBOOK**

# PLAYER AND PARENT POLICY HANDBOOK

Top Caliber Volleyball Club was founded in 2020 during the pandemic to have a place where a group of 12 girls could fulfill their passion to play volleyball even during unprecedented times. Since then, TCVC has grown tremendously. This included 13 teams of ages 12-18 this past season. TCVC has also hosted an array of camps, clinics, private lessons, and leagues for athletes of all ages.

TCVC was founded on the principle that every girl who wants to grow in the sport of volleyball can have a place to play at TCVC in some capacity, regardless of ability or financial means. We hope to carry on this culture by continuing our National Travel, Semi National Travel, Regional Travel, and Youth Academy Programs. We also plan to offer a Mini Club this season. This season we have adopted the use of National, Semi-National, and Regional in identifying our teams to parallel with other clubs around the US.

Our philosophy is centered around growth not wins and losses. As a society, it has been ingrained that winning automatically equates growth and losing equates no growth. We have found that 10/10 times this is not the case. There are always instances for an athlete to grow, winning or losing. This year our club will push growth. What this means is that we may put a team in an Open Level event (the highest competition level), and the team may not win as many games as they would in a Club level event. However the competition will be stronger, hence more growth and the ability to thrive and grow physical skills and mental toughness. This will be at the discretion of club admin.

Becoming a part of TCVC will present a unique and unparalleled opportunity in the region. Athletes will not only discover the joy of personal growth and discipline but also cultivate a strong work ethic. Unlike other clubs that sometimes disregard the actual enjoyment behind the game in favor of rigidity and intensity, which often leads to exhaustion, or clubs that prioritize fun at the expense of discipline and the athletes' potential, we contend that these philosophies create a false division of what the game is actually about. We STRONGLY believe that a training experience can successfully incorporate both fun and discipline.

## **Positions within TCVC**

As a club, we have strived to offer a position for every girl that wants to play, to be able to play in some capacity. We will continue to try our best to offer a position as they are available, however, many factors come into play when selecting teams. Numbers at tryouts, positions, and the athlete's drive to learn play a big part in team makeup. Please also note that toxicity from an athlete AS WELL AS from their family, do play a role in our team selections.

We do understand that club ball in many sports is losing the purpose of what it is intended for, and has become more of a money grab atmosphere. Our club is a non profit, zero dollar budget

club, where every dollar is pre-accounted for. We will continue to offer 3 different levels of teams, and will place athletes in the best position that we see fit for them to excel.

**TCVC Nationals**- These teams are created for the athlete that desires to compete at the highest level possible, with the goal of playing volleyball at the next level. This team is for athletes who are willing to make sacrifices for their progress, their team, and the sport of volleyball. This team will travel out of state and take on some of the highest level of competition at each tournament. This team will compete at the Open. American, and possibly the USA Division at National competitions.

**TCVC Semi-Nationals**- This is designed for the athlete who is also serious about volleyball and who is also working hard to progress and clear the way to playing in college. They also make sacrifices for their progress, their team, and volleyball. They may be looking at a broader array of colleges that may not require as high elite level athletic ability, skills, or may be more education-minded. This program may be used as a gateway to the national program in the future. These teams will compete in the USA and Club divisions at the National level.

**TCVC Regionals**- This is designed for players who are just dabbling with the idea of club volleyball and interested in possibly becoming a serious volleyball player in the future. These athletes are involved with other activities and just can't commit to the time and price of a full travel team. They will only play in local NC events. We have worked hard to limit the fees and scheduling, so that cost does not hinder participation.

**Mini Volleyball**: This is designed to be a developmental volleyball program for players who are in 2nd-5th grade and just exploring volleyball. This is a version of volleyball played with fewer players per team than the standard number of six in a smaller court and lower net. It is to help the girls have more touches on the ball and develop a diversified skill set.

### **Scholarships**

TCVC offers scholarship opportunities to families with financial need. We strongly believe that any player should be able to train and play volleyball, and not be held back because of the club dues. As such, TCVC actively pursues donations that are strictly available to supplement athlete's fees through fundraisers as well as private donors. Let us be clear however; that not wanting to pay and not being able to pay are very different statements. We understand that sacrifices must be and are made by athletes and parents to play travel volleyball. We also recognize that although we would love nothing more, we cannot help every athlete, so we have an application process that must be followed for consideration.

The application process should be completed by December 30th, 2023 and does require proof of financial need. No player should accept a position on a team on the condition that they will receive a scholarship. Additionally, an applicant cannot begin the process with a balance due on their player account from the previous season. The

scholarships are approved through the TC Admin and Scholarship Committee made up of TC Coaches and are kept strictly confidential. Scholarship awards are processed as an offset to club dues through your Oasys player account. Previous scholarship award winners must submit an application for each upcoming season. Each TCVC financial aid recipient will be required to participate in TCVC fundraising programs which includes Dive into Fall in October, selling tickets for the Christmas raffle, and helping as Junior Assistants to younger teams. The TC Scholarship Committee may determine a different award amount based on excessive financial hardship. Applicants are chosen based on financial need as well as character and attitude of the athlete. There will be a \$100 discount to families with more than one athlete in the club applied to one of the athlete's Oasys Accounts. For scholarship application, see this link.

[☰ TOP CALIBER VOLLEYBALL SCHOLARSHIP APPLICATION](#)

### **Payments**

All payments will be made through the athlete's Oasys Sports account at [topcalibervolleyball.com](http://topcalibervolleyball.com). You will have an account once you sign up for registration for tryouts. There will be no cash, check, or Venmo payments this season. This allows us to keep all information in one space for our accountant. We do understand the processing fee that comes with monthly payments. We will allow for one payment at the beginning of the season online for those who want that option. Once a player has paid their deposit and accepted an offer, no money will be refunded. All payments are due on the last day of every month, There is a 5 day grace period, and then a \$25 dollar fee will be added to your account on day 6. If payment is not received within 15 days, the athlete will not be allowed to participate in practices or tournaments. Payments will begin for 15U-18U on September 1st. A deposit of \$300 will be due within 24 hours of an offer, with a signed contract through the athlete's Oasys Sports account. Equal payments will be spread out from September 30-January 30. We will continue with our gift card fundraiser where each player gets 50% of ticket sales credited back to their account. Many in our previous year were able to pay the majority of their season this way. More information will be sent out in October regarding fundraising, which will kickoff at our Dive into Fall event.

### **Signing**

All signing will be done electronically this year. Once a deposit is made and an offer is accepted, please quit attending other tryouts and respect your commitment. If an offer is accepted and an athlete accepts, they should honor their commitment. If they accept and then back out, the athlete and their family will not be allowed to try out/attend any Top Caliber events. The contract will be sent once the athlete accepts an offer. Offers

will be extended by TCVC through club email this season. September 1st, the athlete will receive an official document from the Carolina Region that solidifies their commitment. Once the Carolina Region/USAV document is signed, Top Caliber will not be releasing the athlete to play for another club. This is a binding document.

## **Uniforms**

In an effort to keep costs down this season, we will reuse most of the same jerseys as last season. Returning athletes will be required to purchase specific pieces depending on team level, as we have added new required uniforms, etc. They can also purchase new uniforms if they need a different size, etc. New athletes will have to buy the appropriate team package. Athletes who are playing a different level team as the previous season will be able to purchase the necessary pieces a la carte to fulfill their uniform obligation. Athletes will be able to try on uniforms in August and September and will have a certain time frame to order. We have lowered our initial deposit this year to account for uniform orders. These are all costs that are told to you ahead of time so please prepare for that. There is a strict date to order, and we will not be able to financially cover costs for uniforms, as they are through REN Athletics.

Regional Package for new players: \$245, Includes: 2 uniforms, warm up top, crew neck, back pack, and 2 practice tees

Semi-National for new players: \$286, Includes: 3 uniforms, warm up top, crew neck, back pack, and 2 practice tees

National Package for new players: \$386, Includes 4 uniforms, 2 sets of arm sleeves, crew neck, back pack, 2 practice tees, and a pink tee.

Returning Players will be able to purchase ala carte whatever they do not have above or if they want to rebuy a different size.

If 2 returning players have the same jersey number from the previous season, both players must purchase new uniforms, or agree on who will get the number, and split the cost of the other players' uniforms with them. This is the only way to be fair.

## **TCVC PROGRAM DIRECTORS**

Bryan Waters-Club Director, Finance Director

Nicole Waters-Club Director, Director of Coaching

Billy Dudding- Asst. Director of Coaching, Sand Director

N/A- Mini Volleyball Director, Youth Academy, etc

Lee Avery-Recruiting Director/HUDL

Stephanie Jackomin-Uniforms

Jenna Dudding-Hotel Director/Director of Travel

Rachel Leitch-Social Media Director

Linda/Curtis- Club Promotion and community outreach

Nicole Waters/Curtis Narron- Fundraising Coordinator

Curtis Narron, Lexi Bryant-Strength and Conditioning

Board of Directors

## **CONNECT WITH TCVC**

Our current facilities for the 2023-2024 season are:

Ayden-Grifton High School

7653 NC-11

Ayden, NC 28513

Old Contentnea School

2909 Grangier Station Rd

Kinston, NC 28501

Kinston Community Center

2602 W Vernon Ave

Kinston, NC 28504

Make any checks out to:

Top Caliber Volleyball Club and mail to:

ATTN: Bryan Waters

Website: [topcalibervolleyball.com](http://topcalibervolleyball.com)

Facebook: Top Caliber Volleyball Club

Instagram: [@Topcalibervclub](https://www.instagram.com/Topcalibervclub)

We love seeing our athletes doing what they love (volleyball/non volleyball!). If you have any photos or videos that we can post on our website/social media, please send them to [topcalibervolleyball@gmail.com](mailto:topcalibervolleyball@gmail.com)

### **ATTENDANCE POLICY**

Every effort should be made to attend ALL tournaments and practices, including allotted skill training. TCVC players are held to a high standard and we trust that you understand the importance of your commitment to the club. All players are accountable to their coach and teammates. Coaches put a tremendous amount of time and effort into planning for each practice and it is vital to keep an open line of communication with the head coach. However, we understand that extenuating circumstances do occur, and in such cases, players should adhere to the following regarding absences:

- WHENEVER POSSIBLE, CALL/TEXT YOUR COACH 24 HOURS IN ADVANCE IF YOU WILL MISS A PRACTICE via REMIND app. If a player becomes sick the day of practice, please email/text the coach. Please do not email or text the coach without a parent or guardian on the message as this is a SafeSport Violation.
- NOTIFY YOUR COACH AT LEAST 1 WEEK IN ADVANCE IF YOU WILL MISS, COME LATE, OR LEAVE EARLY FROM A TOURNAMENT. If the last match of the day is an officiating assignment, **all players** will be required to stay, even if they are "off" for the match.

Absences from practices or tournaments for the following reasons will be excused without penalty: 1. Death in the family; 2. Illness involving fever or vomiting; 3. Undergoing treatment for injury at a medical facility; or 4. Family emergency (as determined by coach's discretion) 5. Mandatory school event (for a grade).

## **INJURY AND CONCUSSION**

TCVC will adhere to the CDC recommendations due to USA Volleyball not having an official concussion protocol because of the challenge of developing a policy that conforms to individual state laws. More information can be found here: <https://www.cdc.gov/headsup/index.html>

A concussion is a type of traumatic brain injury—or TBI—caused by a bump, blow, or jolt to the head or by a hit to the body that causes the head and brain to move rapidly back and forth. This sudden movement can cause the brain to bounce around or twist in the skull, creating chemical changes in the brain and sometimes stretching and damaging brain cells.

Signs and symptoms generally show up soon after the injury. However, you may not know how serious the injury is at first and some symptoms may not show up for hours or days. For example, in the first few minutes your child or teen might be a little confused or a bit dazed, but an hour later your child might not be able to remember how he or she got hurt.

You should continue to check for signs of concussion right after the injury and a few days after the injury. If your child or teen's concussion signs or symptoms get worse, you should take him or her to the emergency department right away.

If a player appears to have suffered a head injury, TCVC will follow the CDC rules:

- Remove the athlete from play.
- Keep the athlete out of play the day of the injury and until a medical provider, experienced in evaluating for concussion, says he or she is symptom-free and it's OK to return to play.
- Will have them call their parent if not at the gym to be alerted.

If a player is diagnosed with a concussion, an athlete should only return to practice with the approval and under the supervision of their health care provider.

- Step 1: Back to regular activities (such as school)

Athlete is back to their regular activities (such as school) and has the green-light from their healthcare provider to begin the return-to-play process. An athlete's return to regular activities involves a stepwise process. It starts with a few days of rest (2-3 days) and is followed by light activity (such as short walks) and moderate activity (such as riding a stationary bike) that do not worsen symptoms.

- Step 2: Light aerobic activity

Begin with light aerobic exercise only to increase an athlete's heart rate. This means



about 5 to 10 minutes on an exercise bike, walking, or light jogging. No weight lifting at this point.

- Step 3: Moderate activity

Continue with activities to increase an athlete's heart rate with body or head movement. This includes moderate jogging, brief running, moderate-intensity stationary biking, and moderate-intensity weightlifting (less time and/or less weight from their typical routine).

- Step 4: Heavy, non-contact activity

Add heavy non-contact physical activity, such as sprinting/running, high-intensity stationary biking, regular weightlifting routine, non-contact sport-specific drills (in 3 planes of movement).

- Step 5: Practice & full contact

Young athlete may return to practice and full contact (if appropriate for the sport) in controlled practice

- . Step 6: Competition

Young athlete may return to competition.

### **POD TRAINING**

This season, TCVC has developed a new style of training our athletes. Every age group (as a team, so teams will remain on the same day) will train in a "POD". The Coaching Directors will work with each team and their coaches to set the training and goals for **all teams** during their training sessions as throughout the season. Our coaches have been required to attend 5 of 7 mandatory coaches training before the season starts, as well as being offered Gold Medal Squared Training. We have worked hard to develop a club philosophy for training skills so that as athletes age up, they will use the same cues and skill developments.

At each practice, there will be multiple teams practicing at the same time, sharing court space, and working in smaller groups to maximize training and utilize coaching resources.

A Coaching Director will be at every practice (unless extenuating circumstances arise or their own team has a tournament).

Within this POD/Training time, all teams and coaches work to maximize court time, ball touches, coach interactions, and game strategy. This also allows girls to train in specific positions and with coaches who have specific skill sets and experience, and maximum exposure to learn the skills needed to succeed and progress.

We train to develop all-around volleyball players who can grow and develop along with their changing physical skill sets and court sense throughout their playing careers. At least 30 minutes of every practice will be dedicated to conditioning and 30-45 minutes of competition.

### **PERFORMANCE**

All practices will consist of 30 minutes of training time with our strength and conditioning coach, Coach Narron. We will work with him on custom designed activities for the athletes at TCVC. Working within their team training session, a blend of strength training and conditioning methods will be used to enhance performance and promote injury prevention.

### **INCLEMENT WEATHER**

If at any time practice must be canceled due to inclement weather, TCVC will make the call by 4:00 PM and will alert the head coaches to communicate with their teams. It is imperative that you sign up for Notifications through your Remind account. We will send out a club-wide text through Remind. TCVC will also post on social media Facebook and Instagram. If you do not feel safe or comfortable driving with the weather conditions near you, please make your own judgment call.

### **PRACTICE GUIDELINES**

Please arrive early for practice. Allow enough time beforehand to put up the net, put on braces, knee pads and socks.

Players must wear TCVC practice shirts.

Players must wear warm-up pants or cover shorts arriving and leaving the courts.

Players will need to bring their own water bottles to practice.

Bags must be stored in the appropriate areas. No cell phones during practice time.

Players are responsible for taking care of equipment used to facilitate practices. This includes storing the ball carts in the appropriate place NEATLY and picking up any loose balls around the gym, under the bleachers, and in the storage rooms. Please account for all balls before leaving practice.

Clean up all trash at the conclusion of practice.

Teams will practice anywhere from 2-3 times per week, on the same day. This is subject to change once tournaments start since one of our main practice days is Sunday. The practice

schedule will be communicated one month ahead of time.

### **TOURNAMENT GUIDELINES**

All players must arrive at the tournament site at the time specified by their coach.

Players must bring their bag with ALL UNIFORMS in case an unexpected event occurs and cause a need to change jersey.

Players must wear warm-up pants or cover shorts after leaving the court. Please do not walk outside the gym wearing only spandex.

Scorekeeping: Each team should have a schedule so the responsibility is shared equally among all players.

Players should remain together as a team at all times. During a match when the team is refereeing, players not working will remain together. Players may be allowed limited, brief contact with their parents during the competition day, but should remain with their team.

At the conclusion of play, every team member must stay until all ref and play duties have completed.

Before the tournament site is left, the team's area will be cleared of any and all trash. The area must be left as it was found, if not better.

A volleyball tournament is an athletic event and food choices should reflect the need for your body to be properly fueled. Each coach may decide how to do food for the players (provided as a group or bought individually) but all teams should follow the guidelines provided by the club.

### **PLAYER ISSUES**

The team's head coach is responsible for the composition of the team and determining playing time. Each player will receive equal training time in all practice sessions, but we cannot and will not guarantee playing time to anyone. Playing time will be based on the coach's assessment of the team and players which include, but not limited to, the level of competition, each player's individual skills, attitude, and their ability to consistently contribute to the team's performance and chemistry.

If a player is having frustrations or concerns of any kind, TCVC has set up the following protocols to follow:

- At any time before or after practice, a player may meet with the head and assistant coach for discussion.
- If after speaking to the coach, she does not feel like the problem has been resolved, then the

parent may send a documented email with their concern to the coach.

- If needed, a meeting in person may be arranged with the parent, coach, and athlete. All meetings must include the athlete and discussions will only be about the documented concern and your player.
- A TCVC Director will be informed of any concerns and meetings with the coaching staff. If warranted, a TCVC Director may sit in and help facilitate. Please do not email the club director if you have not followed the proper channels first.

If the matter is related to the safety and well-being of that player or any TCVC player, please alert the coach immediately. Safety is the number one priority and if there is a situation that needs immediate attention, please let someone know.

If the matter is related to change in position or playing time, then the athlete and parent should wait 24 hours after the tournament has completed before contacting the coach via email. Issues to discuss with coaches include but are not limited to ways to help your child improve, concerns about your child's behavior, and other areas that are specific to your player's development as an athlete. Issues that will not be addressed include but not limited to: coaching decisions, line-ups, and other athletes.

Parents should not approach the coaches during a tournament about playing time issues. It is disruptive to the team and consequently, the parent's child and parent will face immediate disciplinary action. If a parent approaches a coach during a tournament regarding playing time, TCVC has set up the following protocols:

- The first incident of a parent approaching or contacting a coach at a tournament regarding playing time or line up decisions, the parent's child will sit immediately for the remainder of the tournament.
- The second incident of a parent approaching or contacting a coach at a tournament regarding playing time or line up decisions, the parent's child will be immediately removed from the team and all monies paid will be forfeited.

### **TRAVEL GUIDELINES**

Players are expected to adhere to all club and team rules at all times, even if parents/guardians, family members, or friends are in attendance. This includes participating in all team functions and team meals when traveling as coordinated.

Players are required to be on time for all scheduled meetings, meals, and team functions. Failure to arrive on time for a team function, regardless of the reason, may result in the player being penalized.

TCVC does not provide transportation to any tournaments for their players in their club dues. It is the parents' responsibility to find transportation for their athlete to and from all travel events. If

you cannot attend a travel tournament with your athlete, please make arrangements with another family. Due to SafeSport Regulations, an athlete may not travel individually with coaches.

Please be sure to pack all uniform needs in the athlete's carry-on bag. Include all jerseys, spandex, shoes, ankle/knee braces. TCVC will distribute hotel information for parents in advance on the web page and by email. Players will room with their parents. Some tournaments will still follow the "Stay to Play" policy. This means that in order to compete in the tournament, all players and coaches must be staying in one of the official room blocks set up by the corresponding housing company, unless traveling with another player. Coaches will communicate curfews and "lights out" times for the players. Please support your team by following these guidelines. Swimming will not be allowed unless the coach approves.

### **SOCIAL MEDIA AND CELL PHONES**

TCVC recognizes the prevalence of electronic communication and social media in today's world. Many of our student-athletes use these means as their primary method of communication. While TCVC acknowledges the value of these methods of communication, we also realize it can be detrimental to the team's success on and off the court.

Cell phone and social media usage may be restricted during practices, tournaments, and team bonding events. Cell phones and other forms of technology used during restriction times that cause an interruption or separation from the team will result in the player losing privileges using these items while with the team. If cell phones are used during team bonding activities, it must be in a positive manner towards the entire team and not used to separate one or more players.

Please be advised that players, parents of players, and coaches using social media (Facebook, SnapChat, and similar media) to voice unsolicited comments, pictures, or personal attacks on TCVC, other players or parents, and members of the coaching staff or their families, whether direct or indirect, may result in the related player and/or coach being dismissed from the team, and all team activities associated with the team and the forfeit of any monies paid.

- I will not post any negative comments about TCVC, coaches, or teammates.
- I will not have any inappropriate pictures posted of myself or teammates.
- I will not encourage peer mistreatment through social media or any aspect of life.

### **COMMUNICATION CLUB WIDE**

Communication this season will be done through email and the remind app. TCVC also has a business line and will return calls and texts as soon as we can. Parents should use the proper chain of communication when contacting coaches and club administration.

## **TEAM SHIRTS AND SPIRIT WEAR**

The TCVC logo is trademarked, so any team use of the logo on team shirts and spirit wear must go through TCVC-appointed vendors. Design ideas may be submitted to the club admin, who will review and provide the TCVC logo where needed, and then submit to our vendors as we see fit. This includes but not limited to water bottles, towels, lunch bags, blankets, etc.

Our TCVC Online store provides everything you need with the TCVC logo and will make customary for the individual and team. If you have items you wish to provide your team and will not be using the TCVC logo, you may do so on your own. If you wish to have team items made, please contact our uniform/spiritwear specialist so that we can get that taken care of.

## **PROM POLICY**

We understand the importance of an event such as Prom, therefore, in the case of Prom falling on the weekend of a tournament, TCVC has adapted the following to guidelines to allow juniors and seniors to attend their prom if they choose to go:

Each junior/senior will be allowed to attend prom without punishment if:

- They will be present the day prior (if play is in session) and the morning after the Prom event.
- They will be present the day of the event until 2:00 pm or if play concludes before then.

We have catered our schedule the best we could this season to account for prom. However, we have girls from many different schools in our club. This means we cannot accommodate everyone's schedule.

## **PLAYERS' COMMITMENT**

Academic performance is a priority. Each player is encouraged to strive for continued outstanding academic achievement. Practice times, tournament schedules and meetings are announced in advance and players are expected to manage their time carefully and plan their studies and practice times accordingly.

Smoking, vaping, drinking, or taking drugs is prohibited at all times.

All equipment must be properly cared for. Players are expected to help set up and take down equipment at every practice (nets, jump boxes, cones, etc.). Players are expected to assist in collecting volleyballs at practices and at tournaments.

Concerns between players should never be left unresolved. Players should first attempt to solve the situation by talking with one another; if players are unable to resolve the problem, they should set up a meeting with the head and assistant coach.

If any player has concerns regarding playing time, she should set up a time to meet with her coaches before or after practice. This should never be done during a practice or a tournament.  
\*Playing time is not guaranteed for teams competing at a National Level.

Players agree to abide by all travel and tournament guidelines when participating in out of town tournaments.

Players must immediately report all injuries or illnesses to the coach.

All players are expected to participate in practices unless excused by the coach. Even if injured, a player should still attend AND dress for practice. It is important for the player to continue to participate in the practice by listening and learning during the injury period.

Players must have cell phones turned off and stored in bags during practice. While at tournaments, players need to be engaged with their team. Coaches will restrict phone time if they feel it's detrimental to the team.

### **PARENTS COMMITMENTS**

Be supportive and cheer for all players. Respect and support the coaches.

The attitude of the players in many situations is representative of their parents. TCVC asks that each parent display a positive attitude at all times, including conversations with their daughter after a practice or match. Parents will place the emotional and physical well-being of their child ahead of a personal desire to win.

In the event of any difference of opinion or perceived problems between players or a player and a coach, the parents agree to let the player try first to resolve the difference with the teammate or coach before becoming involved.

Parents will encourage their daughter to go directly to the coach on her own if she has concerns about playing time, teammates, or anything that has to do with the team. Playing time issues must be discussed between the player and her coach before the parent requests a meeting with the coach. \*\*Playing time is not guaranteed for National level teams.\*\*

Parents of younger players not of driving age are expected to support their daughters' commitments to the club by making sure they arrive to practices and tournaments EARLY.

Parents may NOT pay their respective coaches for additional training outside of practice during the term of the club's season. Additional paid training by other TCVC coaches may be arranged by contacting those coaches directly.

Parents are not to be on the court before, during practices, or after practices. This means no “warming up” with the kids at any time. This is a liability per insurance regulation and only players, coaches, and registered adults are permitted on the courts. Parents will not be allowed in any practice until after the first tournament. This allows our teams time to bond with their teammates and coaches. When parents are allowed, please stay in the designated area for watching. Tryouts are closed to parents.

At tournaments, parents are not allowed AT ANY TIME on or near the player bench/referee area. All water bottles and tylenol, etc needs to be given ahead of time. Once a player walks over to their respective bench, parents are not to walk over at any time.

Please do not discuss players who are not your children with other players or adults. Coaches are not permitted to discuss other players with anyone other than their player.

Do not yell out instructions during practices or tournaments. Support, but do not coach or interfere with players and/or coaches during practice and tournaments.

We know that club volleyball is an investment for both the athlete and their family. Before accepting an offer, please note the tournament dates, travel costs, practice times, etc and take into consideration that this is a team sport. Missing athletes for tournaments and multiple practices messes with the harmony and collaboration of the team. Also note that if an athlete quits during the season for any reason outside of medical circumstances, they will not be able to play for TCVC in the future. We do not encourage quitters in our club.

Please help us in making this an enjoyable experience for everyone; players, parents, and coaches alike.

### **PLAYER AND PARENT ACKNOWLEDGEMENT**

In consideration of the right and privilege to participate in one or more activities sponsored or sanctioned by Top Caliber Volleyball Club and/or the United States Volleyball Association (“USAV”) including, without limitation, practices, training sessions, scrimmages, and/or competitions, by signing this Agreement, I certify that:

I have read, understand and agree to be bound by the terms and conditions set forth in the TCVC Volleyball Club Player and Parent Handbook;

\_\_\_\_\_  
Printed Player Name

\_\_\_\_\_  
Player Signature

\_\_\_\_\_  
Date



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Printed Parent Name

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Parent Signature

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Date

### **Tentative Tournaments and Costs**

Coaching Slate and Practice Schedule will be released once tryouts are finalized, as we take into account different factors when making our decisions of placements.

#### **Regional**

-5 Carolina Region Tournaments and (1) Regional Championship, these range from Fayetteville, Wilmington, Greensboro, Elon, Bermuda Run, Greenville, etc and are all within 3-4 hour drive or less.

-2 practices per week

-1-2 designated coaches/junior assistants, and a Coaching Director at every practice.

-\$1150 (gym rentals, tournament fees, coaching fees and certifications, equipment, etc)

#### **Semi-Nationals**

-5 Out of Region Tournaments (may require hotels stays), 3 Regional Tournaments, 1 Regional Championship

Tentative Out of Regions (5 of these, varies depending on age group): Carolina Kickoff (Rocky Mount), Winter Bump (Myrtle Beach), Richmond Classic Grand Prix (Richmond, VA), Clash at

the Coast (Myrtle Beach), Spring Fling (Rocky Mount), Virginia Beach Grand Prix (Virginia Beach, VA)

-2 practices per week

-2 dedicated coaches (1-2 at tournaments, depending on coach's schedule), and a Coaching Director at every practice

\$1900 (gym rentals, tournament fees, coaching fees and certifications, equipment, etc)

### **Nationals**

-8-9 Out of Region Tournaments (2-3 playing days) (requiring overnight stays)

Tentative Tournaments depending on age group: January- \*\*Carolina Kickoff (Rocky Mount), Winter Bump (Myrtle Beach, 3 playing days), Richmond Classic Grand Prix (Richmond, VA)

\*\*13s, 16s, and 17s only

February- Savannah Showdown (Savannah, Georgia, 3 playing days)

March- \*\*Sunshine Qualifier (Orlando, FL, 3 playing day/stay to play), \*\*\*\*Carolina Cup (Rocky Mount)

\*\*14s, 15s, 16s, 17s only

\*\*\*\*13s only

April- \*\*Northeast Qualifier (Philadelphia, PA, 3 playing days/stay to play), JVA World Challenge (Louisville, KY, 3 playing days), \*\*\*\*Virginia Beach Grand Prix

\*\*14s and 15s only

\*\*\*\*16s and 17s only

May- K2 Tournament (Gatlinburg, TN)

June- \*\*Pre-Nationals (Myrtle Beach, SC), AAU Nationals (Orlando, FL, 4 playing days)

\*\*13s, 14s, and 15s only

-2-3 practices per week

-1-2 dedicated coaches, depending on coaches and their schedule

-\$2100-2300 (gym rentals, tournament fees, coaching fees and certifications, HUDL equipment, etc)